



## Pānui #2- Auckland Region Waka Ama Sprint Championships

### Saturday 3rd – Sunday 4th December Lake Pupuke, Sylvan Park, North Shore, Auckland

The AROCA Auckland Regional Sprint Championships will be held at Sylvan Park, Lake Pupuke on Saturday 3rd December (W1s) and Sunday 4<sup>th</sup> December (W12s). Events will be held over 250m and 500m distances, for all age grades in W1's and taitamariki to masters for W12s

**This is also the qualifying event for W1 paddlers and W12 teams wanting to represent the AROCA region at the National Sprints.** Medals will be awarded to podium finishers.

Out of region teams may enter the W12 event at the Race Committee's discretion considering lane/time constraints, but are not eligible for medals.

#### Key Dates are:

Monday 31st October 2022: Entries open

Friday 26th November: Entries close and any final roster changes

Wednesday 30th November: Draft Lane Draw Available (on the AROCA & WANZ website)

#### Entries and Race Information

Regatta Events		
W1	250m dash	J19 & Premier
W1	500m	Intermediate - Master 80s
W12	250m dash	Midgets/Intermediate/J16/J19/Premier/Masters (40yrs & beyond))
W12	500m	Midgets/Intermediate/J16/J19/Premier/Masters (40yrs & beyond)

Categories for W12 Races		
Men	250/500	12 men
Women	250/500	12 women
Mixed	250/500	6 men & 6 women (Min 4 men)

*All entries must be completed by the Club Administrator, waivers will be done online and must be completed at the same time entries close.*

Entries Open – 31st October

Entries Close – 26<sup>th</sup> November

All entries need to be verified members of NKOA. New paddlers must have completed their NKOA ID process.

**Late entries will not be accepted**

## Age Categories

Age is taken as reaching the specified age in 2023 (i.e. next year). This enables you to race in the same division as you will at the coming 2023 nationals. If in doubt see the <http://www.wakaama.co.nz/agedivisionchecker> or email [admin@aroca.co.nz](mailto:admin@aroca.co.nz) for clarification.

## Entry Fees (one fee only for all races)

ENTRY COSTS (per paddler)		
Division	Age	One Fee for all races
Midgets	6 to 10	\$5.00
Intermediate	11 to 13	\$10.00
J16	14 to 16	\$20.00
J19	17 to 19	\$25.00
Under 23 (W1 Only)	20 to 23	\$30.00
Open/Masters	20 and over	\$40.00

## Payment Instructions

All entry fees are to be paid by 29<sup>th</sup> November. Clubs will be able to see roster and invoice details on the members area of the website. A follow up invoice will also be sent to clubs.

Team entries with an incomplete roster at the entry closing date will be removed from the event

All clubs must pay directly to the AROCA account and ensure the reference is clear to ensure payment is reconciled.

Paddler Fees are non-refundable. If a paddler is withdrawn after the entry closing date there will be no refund. Paddlers from a club with outstanding fees will not be allowed to participate.

## Race Rules

NKOA/WANZ Race rule will apply.

<https://www.wakaama.co.nz/pages/read/1005147>

## W1s & Waka Weighing

All canoes must comply with section 7.1 of the NKOA rules for waka ama racing (NB: minimum weight fully rigged **14kg**). Spot checks may be undertaken at any time.

The Waka weigh In station will be located near the finish line, paddlers may be directed to the weigh station after their races where waka will be verified to ensure that they meet the minimum weight requirement

**Paddlers whose waka are found to be under the 14kg minimum may be disqualified.**

Only gym weights can be used, rice bags, water containers or other forms of weights will not be accepted. Waka without their required weights will be disqualified. All W1s must have lane number holders, as per Waka Ama New Zealand race rules.

Paddlers must arrange to have their own W1. Paddlers should NOT assume that they will be able to use other paddlers' W1s on race day. Loading up and races will not be delayed for paddlers waiting for canoes.

Clubs and coaches please note that your paddlers must be of a level where they can competently and confidently take the start line and complete the race. Any paddlers who fail to reach the start line within a reasonable time will be withdrawn from the race.

Paddlers going outside of their lane will be disqualified. Withdrawn or Disqualified (DQ'ed) paddlers will not receive refunds.

## W1 Nationals Qualification Information

This is the qualifying event for the 2023 NKOA Sprint Nationals. Paddlers may only paddle for one club. Regions are allocated 4 entries for each race division plus extra quota for having finalists in the previous year's nationals. The quota will be filled from placings in each race division. Please also see new policy regarding W1 automatic entry for the National Sprint Championships

## W1 Quota

Link - [https://wakaama.co.nz/content/files/6344b7bc4a726/2023%20Sprint%20Nationals\\_W1%20Quota.pdf](https://wakaama.co.nz/content/files/6344b7bc4a726/2023%20Sprint%20Nationals_W1%20Quota.pdf)

Division	Men	Women
Intermediates	5	6
J16s	9	7
J19s	10	8
O23s	8	9
Premier	7	6
Masters	7	6
Senior Masters	6	8
Golden Masters	7	7
Master 70s	6	8
Master 75	6	6
Master 80	6	6

## Waitlist – Please read carefully

### Level 1

For paddlers who do not make the quota, the next two racers in each division will be automatically be added to the waitlist. If you do not wish to be on the waitlist you must advise AROCA by the 15<sup>h</sup> December.

### Level 2

Participants from Regionals who compete but do not qualify can be placed on the waitlist for Nationals with the waitlist fee included in their regional entry fee. These participants are placed below the Level one paddler's

### Level 3

Paddlers unable to compete at the regionals wanting to make quota for Nationals will be required to write to the Race Committee requesting their inclusion on the Waiting List. This should be sent from your club to [admin@aroca.co.nz](mailto:admin@aroca.co.nz). The fee applicable for inclusion on the waiting list is the same as the event entry fee for that race. Non competing participants who are accepted on the waitlist are included at the bottom of the quota list after Level 2 paddlers in first come, first serve order.

## W12 Qualification

The teams that place 1st in the Premier Men's and Women's division will automatically qualify for the AROCA Regional W12. The teams that place 2<sup>nd</sup> will be waitlisted. If the first-place team are unable to compete then the spot will be given to the teams that places 2<sup>nd</sup>.

## Timeline for qualifiers

All W1 paddlers who have qualified and the W12 representative teams will be updated online. All paddlers must confirm by 15<sup>th</sup> Dec at the latest so that entries can be made in time for WANZ deadline.

NOTE: if paddlers are confirmed and then withdraw, a \$50 administration fee will be charged. These charges will be invoiced to the club.

## Club and Event Requirements

### Support Boats

We require a min of three support boats for the event. Boat owners will be paid \$300 per day to assist, if you wish to be included, please contact [admin@aroca.co.nz](mailto:admin@aroca.co.nz).

**UPDATE:** We have secured enough support boats for this event

### Waka Hire

12 x W6 Waka are required for the event. Clubs will be paid \$200 per waka.

UPDATE: We have secured 12 waka for this event, thankyou to our clubs over the shore. Please can they be at Sylvan Park on Friday afternoon/Saturday morning ready to rig into W12's

### Tent allocation

There will be no tents on the bank this year, please see site map showing allocated space for tents. The area will be used for marshalling, waka storage and there will also be some space for race viewing. This will allow clear sight lines for both the on-water crew and admin

### First Aid

All clubs are expected to have their own first aid kit and a qualified first aider. There will be a first aid kit at admin.

### Vendors

**Espresso On the go** - will be on site providing hot and cold drinks, food and ice cream.

## Weather Conditions or Other Delays

In case of severe weather conditions on race day, the race director retains the right to stop, postpone and/or cancel races on race day. Please note that we will be unable to refund race fees in this case.

Alternatively, the W12 & W1 event days may be changed to suit the conditions, this will be updated on Friday.

If delays occur, races may be combined or shortened at the discretion of the race committee or the race director.

Health & Safety takes priority over everything, not just for the paddlers but also the on-water crew and volunteers

## Volunteers

Without volunteers the event would not be able to go ahead.

All clubs should provide at least 2 people per day to assist team leaders in the following key area's

AROCA is also looking for Team Leaders in these key positions

Gate Control/Parking,

Waka Rigging

Waka Weighing

Volunteer Tasks			Required
Task	Team Leader	Duties	No Per Day
Administration	Carleen & Lora	Prizegiving & set up	-
Clean Up/Rubbish	All	Pack down	-
Comms/MC	Darna & Ayden	Race calls & announcements	-
Gate Control & Parking		Assist with parking,	6
Lane set up/de-rig	Tania	Starts Friday, ends Sunday	4
Loading bay	Barrie	Assist W1/W12 paddlers	8
Marshalling Area	Cilla	assemble paddlers in their correct lanes	2
Race Director	Louise	Race briefing and protests	-
Results/ Race Starter	Magdalene	Race starter/Timer & Runners for admin	2
Safety Boat Drivers/Helpers	Sharon Hawke	Helpers and start flags	6
Safety Boat/Media	Agnes Tere	Media, Photos, Video	3
Spotters/Timers	Ursula	Call the finish order & record the time	6
Waka Rigging		Rig W12 and de rig	10
Waka Weighing		Spot Check after each race	3
		Total	50

If you want to volunteer, please use the link below to fill in the online form

<https://form.jotform.com/tarnzalbert/volunteer-registration-form>

or contact admin@aroca.co.nz

All volunteers will be provided with lunch both days.

There will not be any t-shirts this year, all volunteers are required to wear hi viz vests and return them at the end of the day.

## Arrival of Paddlers on Race Day

Team managers or club representatives only to advise of withdrawals to admin who will be based in the covered area by the toilet block

Paddlers (and/or club reps) are to become familiar with the race course layout, the event area, race schedule and lane draw.

Know when your race is and listen for the marshalling call over the sound system.

All paddlers / teams in the marshalling area must have with them their lifejackets (midgets and intermediates), their paddles and/or W1 waka. Races will not be held for teams waiting for equipment or W1 waka – they will miss their race.

## Pre-Race Procedure

All races will be called twice by the MC at least 10 mins prior to racing. Paddlers must ensure they are able to hear the calls. The marshalling team will also call twice for paddlers.

Parents and coaches are not permitted through marshalling area and at loading bay.  
Loading Bay officials will notify paddlers when to load out. Lanes will be loaded out 6 through to 1.  
Paddlers are then to wait 50m off the start line. Please avoid drifting.  
Race starts will be by flags only, no verbal calls will be made.  
W1 paddlers may have an assistant

Adults trailing midget crews please do not cross the finish line and follow rules as listed in Waka Ama NZ rules

## Progressions

Progressions will be determined by the number of entries and will be clarified in the final panui, due to the potential amount of teams entering into several events any scheduling issues will be advised to the teams that are impacted so please choose your teams carefully to minimise paddlers potentially missing out.

## Briefings

Will be held in front of the administration area. It is suggested as many people as possible attend. If you have any questions about the event please go to admin.

## Programme

This will be made available via the Waka Ama NZ and a link will be posted on facebook

## Protests

**Protests: must be made to Registration within 15 minutes of the respective event result being posted. These must be done by Club rep or team manager**

## Presentation of Medals / Prizegiving

A formal prize-giving ceremony will take place immediately at the conclusion of each day's racing. In consideration of our Midget and Intermediate paddlers, a prizegiving will take place soon after their final event on each day.

## Waivers

All clubs must ensure their paddlers fill in the on-line waiver forms prior to race day, so there is no need to show up early just to get your waivers in, these will be checked the night before the event

W1 (Individual) Waiver Form - <https://form.jotform.com/223247457189869>

W12 (team) Waiver Form - <https://form.jotform.com/223247913150854>

## Nga mihi

*AROCA Board*